



α residential care home  
with α welcoming atmosphere  
in Parkstone, Poole

# Care South residential care

We know that selecting a care home can be a difficult decision. The information below aims to help you understand why Alexandra House is the right choice for high quality care delivered within a safe and caring environment. You are bound to have questions so please feel free to ring us and discuss any queries you may have or why not pay us a visit and see how Care South can help with your care needs.



Alexandra House is a purpose built residential care home, which also offers dementia care. Many of our residents have lived in the local area and we endeavour to maintain strong community links with local organisations and groups. We pride ourselves on creating a comfortable and homely atmosphere where residents can feel at ease.

Whether you are seeking care for a physical difficulty or those with dementia, we have 38 single rooms

divided into three units for men and women aged 65 and over with low, medium or high care needs. We provide specialist 24 hour personal care for all aspects of daily living delivered by our dedicated staff, trained to nationally recognised standards.

Following a full assessment prior to admission, individual lifestyle preferences and activities will be discussed with each resident and their family.

While we offer high quality care and facilities, the key

to our residents' happiness is how the care is delivered. So, within our "home from home" environment, we provide individual care with privacy, dignity and respect in a supportive atmosphere.

To deliver this level of care and support our staff are dedicated to the happiness and wellbeing of our residents.

There are many additional facilities and services designed to make life pleasurable at Alexandra House. These include light



and spacious lounges, a dining room as well as several other communal areas within the units which provide space for peace and reflection as well as social interaction. Residents make great use of our large enclosed landscaped garden whenever the weather permits.

We have an in-house laundry service, hair salon with visiting hairdresser and a chef who prepares a choice of meals, snacks and drinks as well as

catering for special dietary needs. In other areas of everyday life we provide assistance with dentists, opticians and chiropody.

A mobile library service regularly visits Alexandra House and runs a monthly delivery service to the home providing residents with a range of reading material. We have regular church services providing Communion at the home and Alexandra House is within close reach of other local churches. There is a good selection of shops

available within a short walking distance.

We know our residents enjoy a wide variety of entertainment and there is a full calendar of activities.

**Please come and visit us at Alexandra House and experience our unique and caring approach for yourself.**

