



a cheerful and friendly residential  
home specialising in dementia  
care in Weymouth

# Care South residential care

We know that selecting a care home can be a difficult decision. The information below aims to help you understand why Mount Pleasant is the right choice for high quality care delivered within a safe and caring environment. You are bound to have questions so please feel free to ring us to discuss any queries you may have or why not pay us a visit and see how Care South can help with your care needs.



Mount Pleasant is a purpose built residential and dementia care home within a few minutes drive of Weymouth beach. Our aim is to enable residents to maximise their quality of life in a comfortable, happy and caring environment.

Whether you are seeking care for people with dementia or the physically frail, we have 36 single rooms of which 28 are for dementia residents. These are divided into four units, with two units on the ground floor and two on the first floor. All are for men and women aged 65 and over

with low, medium and high care needs. We provide specialist 24 hour personal care for all aspects of daily living by our dedicated staff who are trained to nationally recognised standards.

Following full assessment prior to admission of each individual, lifestyle preferences and activities will be discussed with each resident and their family.

While we have the very best in care and facilities, the key to our residents' happiness is how the care is delivered. So, within our "home from

home" environment, we provide individual care with privacy, dignity and respect in an atmosphere of reassurance, warmth and affection.

To deliver this level of care and support we have warm and friendly staff who are dedicated to the happiness and wellbeing of our residents.

There are many additional facilities and services designed to make life as pleasurable as possible at Mount Pleasant. Each unit has its own lounge/dining area creating a homely



atmosphere and a small kitchen which is used for preparing drinks, breakfasts and light snacks. There are six lounge areas in the home so residents can choose where they wish to spend their time, these areas provide space for peace and reflection as well as social interaction. There is also a large secluded south facing garden and sheltered patio area which is fully secure and enclosed.

We have an in-house laundry service, hair salon with visiting hairdresser and a chef who prepares a choice of meals, snacks and

drinks as well as catering for special dietary needs. In other areas of everyday life we provide assistance with dentists, opticians and chiropody.

The Dorset Library Service regularly visits Mount Pleasant and runs a monthly delivery service to the home providing residents with a range of reading material. We have regular visits from local clergy of different denominations and Mount Pleasant is within close reach of many churches. We have a small trolley shop providing basic

essentials and trips to the local shops can be easily arranged.

We know our residents enjoy a wide variety of entertainment and our full calendar of activities is too great to list here. However, it includes weekly bingo and quiz nights, beauty and music sessions, occasional minibus trips, coffee mornings and arts and crafts mornings.

**Please come and visit us at Mount Pleasant and experience our unique and caring approach for yourself.**

If you are looking for a residential and dementia care home where dignity, respect, laughter and happiness are central to the philosophy of care then call the Home Manager on 01305 760903.

## Mount Pleasant

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care south

DELIVERING QUALITY CARE

Care South is a leading provider of residential, dementia, nursing and home care services in the south of England with 20 residential care homes from West Sussex to Somerset.